



Over 3M Global Views
of viral speech

Shirin Ariff



BEST-SELLING AUTHOR
INTERNATIONAL SPEAKER
LIFE TRANSFORMATION COACH

Shirin is a Certified Professional Speaker, bestselling Author and an Award winning Life Transformation Coach. Shirin's passion for serving humanity inspired her to create Be Your Own North Star - a program that supports and guides people in their most challenging times to reconnect with their own strengths, ignite resilience and become unstoppable.

Shirin speaks to professional associations about tapping into powerful resilience, and transforming adversity into purposeful victory.

What people are saying...

"Shirin is a truly gifted speaker, with a profound story, a powerful message and a captivating presence. An outstanding combination for any audience."

Steve Lowell CSP - Past President, Global Speakers Foundation

"Shirin Ariff is a gifted speaker. Her wisdom, insight and knowledge serve to not only enlighten but also inspire her audiences to create the right mindset as well as take the best action in any circumstance. She embodies both courage and integrity."

Cathleen Fillmore, Speakers Gold Bureau

"Shirin is an incredibly special woman. Her unique blend of storytelling, vulnerability and impact-driven entrepreneurship has set the foundation for an incredible brand. I can't recommend Shirin enough as a speaker, facilitator and leader."

Rina Rovinelli - Co-Founder, Speaker Slam - Speaker Development Agency, Speaking & Branding Coach

Speaking Topics

BREAKDOWN TO BREAKTHROUGH; TURN ADVERSITY INTO TRIUMPH BY SHIFTING YOUR MINDSET

- ✓ Reframe challenges as opportunities for personal growth.
- ✓ Practical strategies to overcome obstacles and achieve success
- ✓ Develop a resilient mindset to navigate and thrive through adversity

FROM AWARENESS TO AUTHORITY; RETURN TO SELF

- ✓ Techniques to enhance self-awareness, self-trust and authenticity.
- ✓ Understand the importance of self-compassion and acceptance.
- ✓ Practices to build and maintain trust in yourself.

DESIGNING YOUR DESTINY: THE POWER OF CONSCIOUS CHOICES

- ✓ Discover how to make intentional decision that shape your future.
- ✓ Strategies to align your actions with your core values
- ✓ Tools to take control of your life's direction and achieve your goals.



AS SEEN ON



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